

The Sophiculture
WORSHIP WHEEL
 Follow an arrow and
 press on what you need:



Choose the GRACE strategies on the left to connect with Father God

Choose the PRISM exercises on the right to write in your prayer journal

About The Worship Wheel:

What is GRACE?

GRACE is a set of 5 strategies for connecting with God when you're tempted, overwhelmed, confused, exhausted or weak. Each strategy has an introduction, a diagram, scripture references and step-by-step instructions. You can get the entire strategy book here: *The Worship Strategy Book*

What is PRISM?

PRISM is a daily prayer method that you can use to track what God is doing in your life. You can get the entire workbook with instructions and sample pages by clicking here: *The Worship Notebook*

Can I use these tools for discipling people?

Yes, that is their purpose. For an entire walkthrough of GRACE and PRISM, register for our free *Worship Course*. Once you've been through the course, you can lead others through these 30 short lessons and exercises.

Where can I ask questions about my prayer life?

Click here to join our Facebook group for help implementing our methods. Here, you can ask for prayer and get daily encouragement. There's a free gift for joining.

Do you provide one-on-one or group coaching?

We encourage you to *sign up* for our weekly emails, so that you can be notified when our doors open for coaching. We offer group coaching and accountability through our signature program, *Illumination*, and our membership society, *The Sophiculture Society*.

Click here if you'd like to receive one-on-one coaching. If there are openings available, you'll be invited to book a free discovery call.